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K-12:

*the perfect pairing.*

Meal Concepts  
for Sliced Turkey



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Crunchy Thai  
Turkey Wrap

# Sliced Turkey

**BUTTERBALL**



When it comes to sandwiches, wraps and beyond, nothing compares to the versatility and health halo of Butterball sliced turkey. Made from premium turkey breast and white meat and vacuum packed for easy handling, it's an ideal choice for K-12.

All of the meal concepts in this guide meet the below criteria for K-8 and 9-12 Meal Pattern Required Food Components:

DAILY REQUIRED FOOD COMPONENTS	K-8	9-12
Meat/Meat Alternates	1 oz eq	2 oz eq
Grains	1 oz eq	2 oz eq
Vegetables	3/4 cup	1 cup
Fruits	1/2 cup	1 cup
Fluid Milk	1 cup	1 cup

## Working hard to be a cut above.

At Butterball, we're committed to helping you be at your best for your students. We understand that keeping hunger at bay and participation up can be extremely challenging. That's why all of our K-12 resources and products are built around supporting you, your students and your menu.

We know that delivering quality K-12 solutions starts with the quality of our products. We care deeply about the well-being of each of our turkeys, which is why we're proud to carry the AMERICAN HUMANE CERTIFICATION. Plus, all of our turkeys are hatched, raised and harvested in the USA. It's all so you can trust Butterball for dishes and ideas that your school will love.

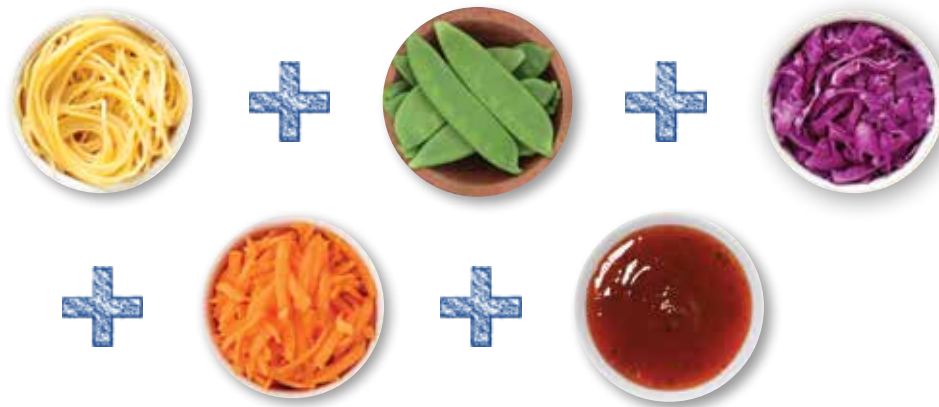


# Rockin' Rainbow Teriyaki Noodle Bowl

**BUTTERBALL**

Hello, delicious versatility! This tangy teriyaki dish is loaded with veggies and can be served hot or chilled. It's also a great take-away option for students who need to grab lunch to go.

INGREDIENT	K-8 SERVING	9-12 SERVING
Whole grain spaghetti noodles, cooked	1/2 cup	1 cup
Snow peas, blanched	1/4 cup	1/2 cup
Red cabbage, shredded, blanched	1/4 cup	1/4 cup
Carrots, shredded, blanched	1/4 cup	1/4 cup
Sliced turkey, chopped	1.7 oz	3.4 oz
Teriyaki sauce	1 Tbsp	2 Tbsp
Apple slices	1/2 cup	1 cup
Choice of milk	1 cup	1 cup








## INSTRUCTIONS

1. Add noodles to bowl.
2. Toss with snow peas, cabbage, carrots, turkey and teriyaki sauce.
3. Serve hot or chilled.
4. Serve with milk and apple slices (or required amount of any other fruit).



Meets daily required food components for K-8 and 9-12.

DAILY REQUIRED FOOD COMPONENTS	K-12
 Meat/Meat Alternates	✓
 Grains	✓
 Vegetables	✓
 Fruits	✓
 Fluid Milk	✓

# Splendid Sweet & Spicy Turkey Wrap

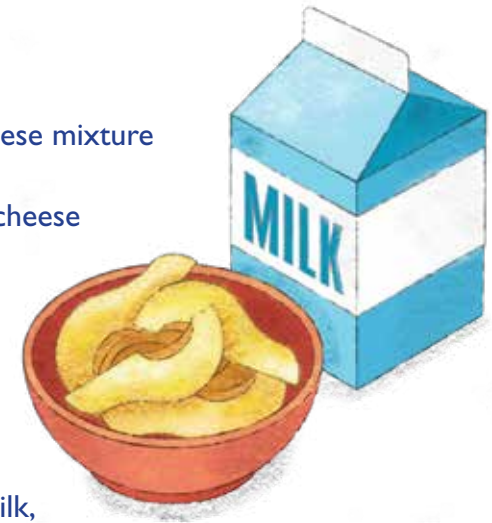
**BUTTERBALL**

The secret to this lunch favorite is the cream cheese and apple jelly spread. It pairs perfectly with the kick of pepper jack and heartiness of turkey to offer your students a delicious and filling handheld.

INGREDIENT	K-8 SERVING	9-12 SERVING
Low-fat cream cheese & apple jelly mixed, chilled	1 Tbsp	2 Tbsp
Whole grain-rich tortilla	8"	10"
Pepper jack cheese, slices	0.5 oz	1 oz
Sliced turkey, chilled	1.7 oz	3.4 oz
Baby spinach	1/2 cup	1 cup
Grape tomatoes	1/2 cup	1/2 cup
Pear slices	1/2 cup	1 cup
Choice of milk	1 cup	1 cup

## INSTRUCTIONS

1. Spread apple cream cheese mixture onto each tortilla.
2. Add sliced pepper jack cheese and sliced turkey in the middle of each tortilla.
3. Top with baby spinach.
4. Fold side in and roll tortilla into wrap.
5. Cut on a bias.
6. Serve with tomatoes, milk, and pear slices (or required amount of any other fruit).



Meets daily required food components for K-8 and 9-12.



DAILY REQUIRED FOOD COMPONENTS		K-12
	Meat/Meat Alternates	✓
	Grains	✓
	Vegetables	✓
	Fruits	✓
	Fluid Milk	✓

# BBQ Ranch Chopped Turkey Salad

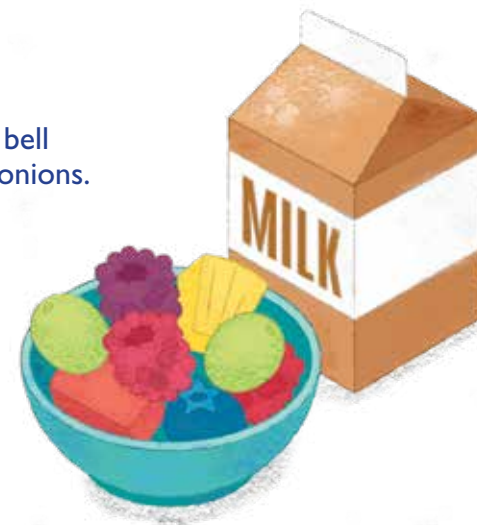
**BUTTERBALL**

Ranch dressing cools off BBQ's sweet heat in this timeless combination that students of all ages will find irresistible. And since all you have to do is add the ingredients to a bowl, you'll be a big fan too!

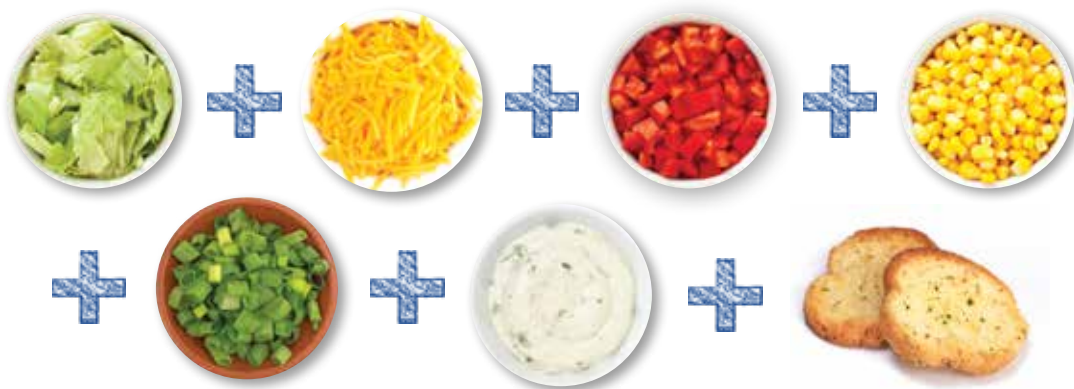
INGREDIENT	K-8 SERVING	9-12 SERVING
Iceberg lettuce, chopped	1 cup	2 cups
Sliced turkey, chopped, chilled	1.7 oz	3.4 oz
Cheddar cheese, shredded	0.5 oz	1 oz
Red bell pepper, chopped	1/4 cup	1/4 cup
Corn, frozen, thawed, drained	1/4 cup	1/2 cup
Green onion, chopped	1 Tbsp	1/8 cup
BBQ ranch	1 oz	2 oz
Garlic bread rounds, toasted	1 oz	2 oz
Mixed fruit	1/2 cup	1 cup
Choice of milk	1 cup	1 cup






## INSTRUCTIONS

1. Add lettuce to bowl.
2. Top with turkey, cheese, bell pepper, corn, and green onions.
3. Serve with dressing, garlic rounds, milk, and bowl of mixed fruit (or required amount of any other fruit).



Meets daily required food components for K-8 and 9-12.



DAILY REQUIRED FOOD COMPONENTS	K-12
 Meat/Meat Alternates	✓
 Grains	✓
 Vegetables	✓
 Fruits	✓
 Fluid Milk	✓



# Crunchy Caesar Turkey Shaker

**BUTTERBALL**

This quick-prep, savory salad will be a hit thanks to its creamy dressing and crunchy croutons. Serve it up and watch your students shake it up!






INGREDIENT	K-8 SERVING	9-12 SERVING
Romaine, chopped	1 cup	2 cups
Sliced turkey, chopped, chilled	1.7 oz	3.4 oz
Parmesan cheese, shredded	1 Tbsp	2 Tbsp
Grape tomatoes, halved	1/4 cup	1/4 cup
Croutons, seasoned	1/3 cup (22 gm)	2/3 cup (44 gm)
Lite Caesar dressing	1 oz	2 oz
Orange slices	1/2 cup	1 cup
Choice of milk	1 cup	1 cup

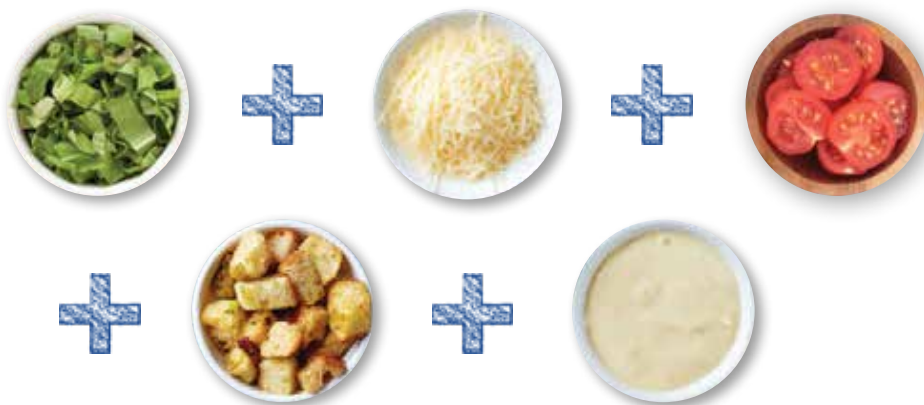
## INSTRUCTIONS

1. Add romaine to shaker cup.
2. Layer with turkey, parmesan cheese, grape tomatoes and croutons.
3. Serve with dressing, crackers, milk, and orange slices (or required amount of any other fruit).



Meets daily required food components for K-8 and 9-12.

DAILY REQUIRED FOOD COMPONENTS	K-12
 Meat/Meat Alternates	✓
 Grains	✓
 Vegetables	✓
 Fruits	✓
 Fluid Milk	✓



# Mediterranean Turkey Bento

**BUTTERBALL**

Wholesome and filling Mediterranean-inspired ingredients come together beautifully and quickly in this bento box variation.






INGREDIENT	K-8 SERVING	9-12 SERVING
Sliced turkey, rolled	1.7 oz	3.4 oz
Mozzarella, cubed	0.5 oz	1 oz
Cheddar cheese whole grain-rich crackers	1 oz	2 oz
Red bell pepper slices and baby carrots	1/4 cup red bell pepper slices & 1/2 cup baby carrots	1/2 cup red bell pepper slices & 1/2 cup baby carrots
Ranch	1 oz	1 oz
Mixed berries	1/2 cup	1 cup
Choice of milk	1 cup	1 cup

## INSTRUCTIONS

1. Add all ingredients into a clamshell in an organized fashion.
2. Serve with milk.



Meets daily required food components for K-8 and 9-12.

DAILY REQUIRED FOOD COMPONENTS	K-12
 Meat/Meat Alternates	✓
 Grains	✓
 Vegetables	✓
 Fruits	✓
 Fluid Milk	✓

