

**BUTTERBALL®**

+

**K-12:**

*the perfect  
pairing.*

Meal Concepts for  
Turkey Sausage Patties

➤  
Turkey Potato  
Flatbread





# Turkey Sausage Patties

**BUTTERBALL**



Butterball sausage patties are made with quality turkey to deliver superior taste and texture. They're also minimally processed with no artificial ingredients. So go ahead—feel great about finding a high-protein, low-fat and gluten-free choice that your students will love.

All of the meal concepts in this guide meet the below criteria for K-8 and 9-12 Meal Pattern Required Food Components:

DAILY REQUIRED FOOD COMPONENTS	K-8	9-12
Meat/Meat Alternates	1 oz eq	2 oz eq
Grains	1 oz eq	2 oz eq
Vegetables	3/4 cup	1 cup
Fruits	1/2 cup	1 cup
Fluid Milk	1 cup	1 cup

## Working hard to be a cut above.

At Butterball, we're committed to helping you be at your best for your students. We understand that keeping hunger at bay and participation up can be extremely challenging. That's why all of our K-12 resources and products are built around supporting you, your students and your menu.

We know that delivering quality K-12 solutions starts with the quality of our products. We care deeply about the well-being of each of our turkeys, which is why we're proud to carry the AMERICAN HUMANE CERTIFICATION. Plus, all of our turkeys are hatched, raised and harvested in the USA. It's all so you can trust Butterball for dishes and ideas that your school will love.

# Rise & Shine Turkey Sausage Brunch Bowl

**BUTTERBALL**

Talk about a dish kids will crave! Cheesy whole-grain grits get topped off with savory sausage in this homestyle favorite. A biscuit, potatoes and fruit round out the meal.

INGREDIENT	K-8 SERVING	9-12 SERVING
Cheesy whole grain-rich grits, cooked	1/2 cup	1 cup
Sausage patty, heated, chopped	1 each (1.4 oz)	2 each (2.8 oz)
Breakfast potatoes, roasted	3/4 cup	1 cup
Biscuit	1 each	1 each
Apple slices	1/2 cup	1 cup
Choice of milk	1 cup	1 cup








## INSTRUCTIONS

1. Add cheesy grits to bowl.
2. Top with sausage.
3. Serve with potatoes, biscuit, milk and apple slices (or required amount of any other fruit).



Meets daily required food components for K-8 and 9-12.

DAILY REQUIRED FOOD COMPONENTS		K-12
 Meat/Meat Alternates		✓
 Grains		✓
 Vegetables		✓
 Fruits		✓
 Fluid Milk		✓

# A+ Turkey Sausage Breakfast Burrito

**BUTTERBALL**

Eyes will be open and hands will be raised once your students are finished with this savory and satisfying handheld. They'll love the cheesy sausage and egg flavor, and you'll love their empty plates.

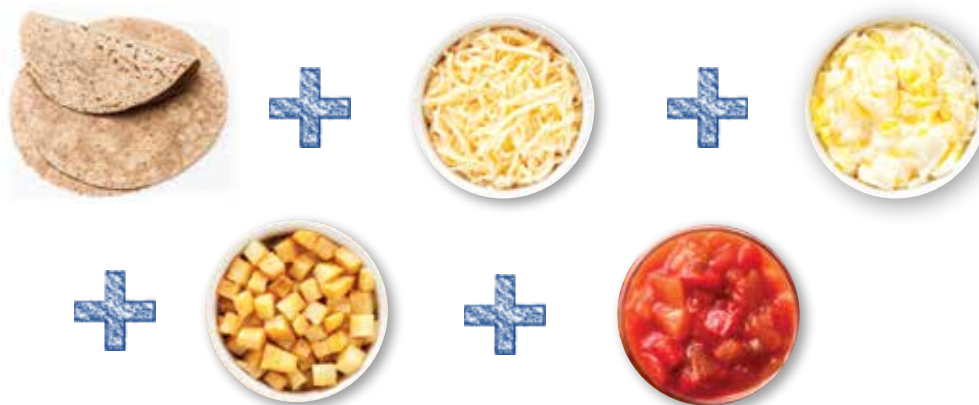
INGREDIENT	K-8 SERVING	9-12 SERVING
Whole grain tortilla	8"	10"
Pepper Jack cheese, shredded	0.5 oz	1 oz
Scrambled eggs, cooked	2 Tbsp	1/4 cup
Sausage patty, chopped	1 each (1.4 oz)	2 each (2.8 oz)
Breakfast potatoes, roasted	1/2 cup	1/2 cup
Salsa	1/4 cup	1/2 cup
Mixed fruit	1/4 cup	1 cup
Choice of milk	1 cup	1 cup






## INSTRUCTIONS

1. Lay out tortilla wrap.
2. Add pepper jack, eggs, sausage and potatoes to middle of tortilla.
3. Fold sides in and roll tortilla into a wrap.
4. Wrap in foil sheet.  
Heat in the oven.
5. Serve with salsa, milk and mixed fruit (or required amount of any other fruit).



Meets daily required food components for K-8 and 9-12.



DAILY REQUIRED FOOD COMPONENTS		K-12
	Meat/Meat Alternates	✓
	Grains	✓
	Vegetables	✓
	Fruits	✓
	Fluid Milk	✓



# Big Stack Breakfast Salad

**BUTTERBALL**

No traditional salad here. This protein-packed tower of egg, sausage, veggies and ranch will be sure to surprise and delight kids of all ages. You'll also enjoy the ease of which this dish comes together. Just stack and serve!






INGREDIENT	K-8 SERVING	9-12 SERVING
Egg patty, heated	1 each	1 each
Sausage patty, heated	1 each (1.4 oz)	2 each (2.8 oz)
Arugula	1/4 cup	1/4 cup
Tomatillo ranch	0.25 oz	0.5 oz
Garlic round	1 oz	2 oz
Cucumber slices	3/4 cup	1 cup
Orange slices	1/2 cup	1 cup
Choice of milk	1 cup	1 cup

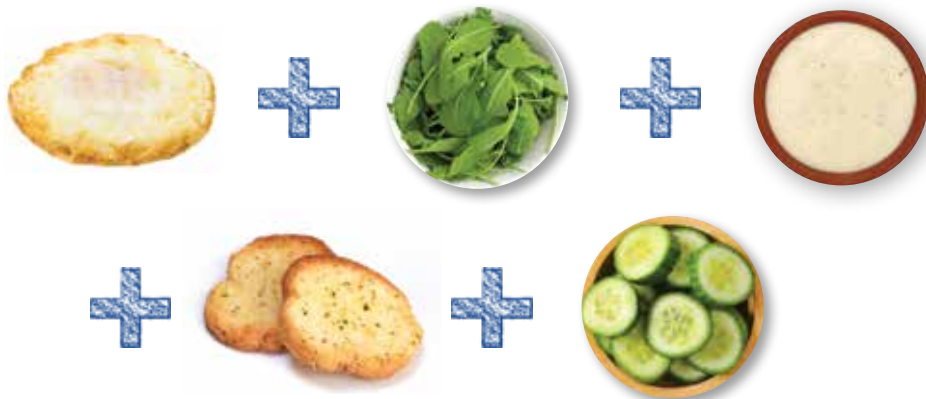
## INSTRUCTIONS

1. Place egg patty on plate.
2. Top with sausage patty.
3. Toss arugula with tomatillo ranch. Garnish on top of sausage.
4. Serve with garlic round, cucumber slices, milk and orange slices (or required amount of any other fruit).



Meets daily required food components for K-8 and 9-12.

DAILY REQUIRED FOOD COMPONENTS	K-12
 Meat/Meat Alternates	✓
 Grains	✓
 Vegetables	✓
 Fruits	✓
 Fluid Milk	✓



# Turkey Sausage Breakfast Shaker

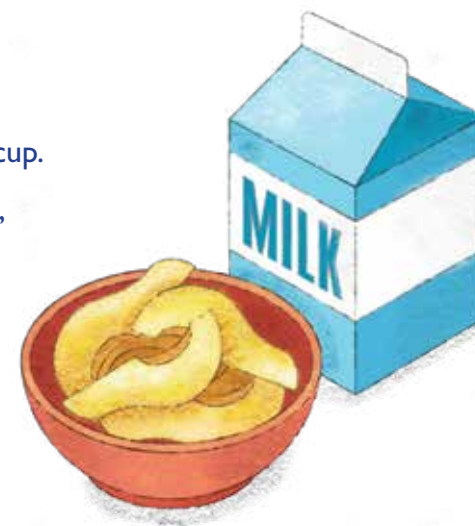
**BUTTERBALL**

With seasonal ingredients like butternut squash and apples, this comforting and refreshing salad has the texture and taste to be an instant lunchtime favorite. Students will love trying something different, and you'll love serving a meal that will keep them focused and energized.






INGREDIENT	K-8 SERVING	9-12 SERVING
Baby spinach	1 cup	2 cups
Red bell peppers, diced	1/4 cup	1/2 cup
Sausage patty, chopped	1 each (1.4 oz)	2 each (2.8 oz)
Buttered toast croutons	1/3 cup (22 gm)	2/3 cup (44 gm)
Turkey bacon vinaigrette	1 oz	2 oz
Pear slices	1/2 cup	1 cup
Choice of milk	1 cup	1 cup

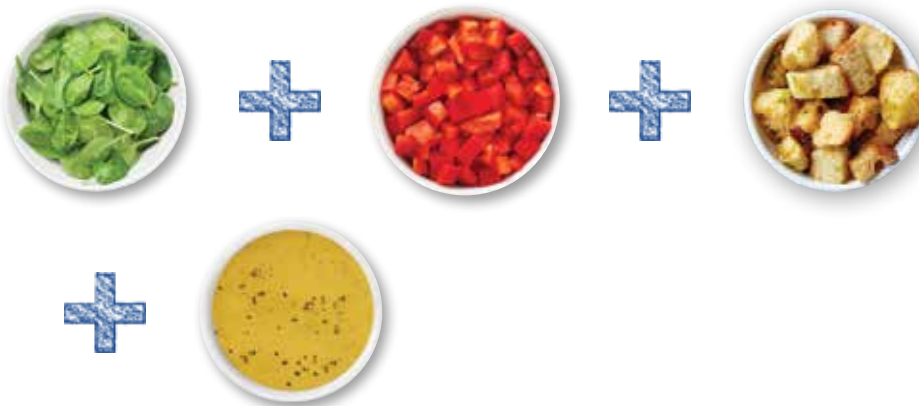
## INSTRUCTIONS

1. Add spinach to shaker cup.
2. Layer with bell peppers, sausage and croutons.
3. Serve with dressing, milk and pear slices (or required amount of any other fruit).



Meets daily required food components for K-8 and 9-12.

DAILY REQUIRED FOOD COMPONENTS	K-12
 Meat/Meat Alternates	✓
 Grains	✓
 Vegetables	✓
 Fruits	✓
 Fluid Milk	✓



# Patty-Cake Breakfast Bento

**BUTTERBALL**

It's never too early for a bento box. In this unique format, yummy breakfast items each get their own space, allowing students to dig in and devour however they like.

INGREDIENT	K-8 SERVING	9-12 SERVING
Sausage patty, cut in 4 pieces	1 each (1.4 oz)	2 each (2.8 oz)
Mini pancakes	1 oz	2 oz
Seasoned potato wedges	3/4 cup	1 cup
Strawberries	1/2 cup	1 cup
Choice of milk	1 cup	1 cup
Syrup & ketchup	1 oz each	1 oz each






## INSTRUCTIONS

1. Add all ingredients into a clamshell in an organized fashion.
2. Serve with syrup, ketchup and milk.



Meets daily required food components for K-8 and 9-12.



DAILY REQUIRED FOOD COMPONENTS		K-12
 Meat/Meat Alternates		✓
 Grains		✓
 Vegetables		✓
 Fruits		✓
 Fluid Milk		✓